FLU VACCINE
The best way to protect yourself and your loved ones against influenza (flu) is to get an annual flu vaccine, ideally by the end of October.

What is the flu?
Flu is a contagious respiratory illness caused by influenza viruses that can cause mild to severe illness, and at times can lead to hospitalization, or even death.

Who should get it?
The CDC recommends everyone six months and older get an annual flu vaccine as the first and most important action to protect against flu and its potentially serious complications.

Is the vaccine covered under Emory Medical Insurance?
Yes!

COVID-19 BOOSTER
To stay best protected, the CDC recommends that everyone stay up to date with COVID-19 vaccinations and boosters.

What is the "new" COVID-19 booster?
The bivalent vaccine booster is designed to better protect against the omicron sub-variants most prevalent in our community. It is authorized for use as a single booster dose at least two months after primary or booster vaccination.

Who should get it?
The vaccines and boosters now includes this new bivalent vaccine booster for all those 12 and older.

Do I have to pay for my COVID Booster?
No. COVID-19 vaccines are free for everyone!

PREVENTATIVE ACTIONS TO SLOW THE SPREAD OF GERMS
- Try to avoid close contact with sick people.
- Cover your nose and mouth with a tissue when you cough or sneeze.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth.
- Clean and disinfect surfaces and objects that may be contaminated with germs like flu.
- While sick, limit your contact with others as much as possible to keep from infecting them.

FOR MORE INFORMATION
- 404-712-3775
- healthyemory@emory.edu
- https://www.cdc.gov/flu/
- https://hr.emory.edu/fluvaccine
- Emory University has different policies and procedures for the flu vaccine and COVID-19 booster. For the latest COVID-19 updates, visit the Emory Forward website.