**Schools and Programs of Public Health**

Expand your knowledge and engage with our faculty by considering taking a course at the Rollins School of Public Health, ranked #4 in the nation in public health.

**YTI Summer Academy**

Applications are now open for Emory's Youth Theological Initiative Summer Academy, which will be held on Emory's campus from July 10-23. The program aims to empower diverse young adults with theological training.

**Save Gas Money by Taking a Smart Commute!**

All of us likely use the internet for one thing or another, but do we know how to use it in the ways that our children do? Can we tell when our children aren't using the internet safely? Join us on May 20, 2022, from 12 pm to 1 pm for a webinar on **Technology and Keeping Your Kids Safe**.

**Switching Off: Life Beyond Digital Device**

How often do we hear the phrase, there aren't enough hours in the day? Many people find themselves constantly adding to the to-do list with the feeling that they haven't accomplished anything. This session will provide a basic explanation of the time management techniques that you can use to take your life back.

**Anxiety Toolbox**

Many of us experience anxiety on a regular basis. Join us on April 26, 2022, from 12 pm to 1 pm for a workshop on how to create your own anxiety toolbox.

**Technology and Keeping Your Kids Safe**

Join us on May 20, 2022, from 12 pm to 1 pm for a webinar on how to keep your children safe online.

**Mindfulness Practice**

Mindfulness is a practice that can help you manage stress and improve your overall well-being. Join us on Wednesdays from 11:30 am to 1 pm for a guided mindfulness practice.

**Upcoming Webinar – Preparing for a Successful Retirement: Psychological and Emotional Considerations Matter.**

Join us on Friday, June 10, 2022, from 10 am to 11 am to learn about the psychological and emotional considerations that matter when preparing for retirement.

**There's Still Time to Submit Your 2021 FSA Claims**

You have until May 15, 2022, to submit eligible FSA expenses that you paid out-of-pocket for the 2021 tax year. Visit the PayFlex website to file a claim.

**Attention Team!**

Are you a new employee of Emory University who would like to see more of Emory's beautiful Clifton campus and learn its history? Join us for the New Employee Orientation at the Blomeyer Health Fitness Center on April 20, 2022, at 12 pm.

**Emory Alliance Federal Credit Union**

Visit the Emory Alliance Federal Credit Union website to learn more about their services and how they can benefit you.

**Faculty Staff Assistance Program**

Seeking a bit of Emory history? The EmoryCard office is hosting a contest to find the Oldest EmoryCard on campus! Prove your EmoryCard is ancient and win a prize! Do you have the oldest EmoryCard? The EmoryCard office is hosting a contest to find the Oldest EmoryCard on campus! Prove your EmoryCard is ancient and win a prize! Do you have the oldest EmoryCard?