Emory University Human Resources

YOUR HUMAN RESOURCES NEWS

March 21, 2022

**EMORY'S SUMMER INTERNSHIP PROGRAM**

Emory's Summer Internship program, facilitated by Human Resources, offers college students who are in the middle of their academic careers a chance to gain practical experience and develop skills that will be beneficial in their future careers. The program is open to both undergraduate and graduate students in various fields. The internship runs from May 16 to August 26, 2022. Learn more at [www.emory.edu/SummerInternships](http://www.emory.edu/SummerInternships).

**WORK SMARTER NOT HARDER: BECOME A TIME MANAGEMENT MASTER**

How often do we hear the phrase, “there aren’t enough hours in the day”? Many people find themselves feeling overwhelmed and stressed because they feel like they haven’t accomplished anything. Effective management is critical to ensure you feel better and less overwhelmed at the end of a busy day. This session will provide a basic explanation of the time management process and the characteristics of effective time managers. Attend this session to learn practical ways to reclaim a sense of work-life balance.

March 22, 2022, 12pm-1pm

These workshops are offered by Benefits and Worklife Department and Vendor Partners. Links will be sent out prior to webinar. If you have any questions, please email [tahmd@emory.edu](mailto:tahmd@emory.edu).

**EMORY FORUM**

EMORY FORUM will take place in-person or virtually with a limited amount of seating. By registering, you are acknowledging that you have read and agree to comply with the [COVID-19 Health Protocols](https://www.emory.edu/CVR/COVID-19.html). To register, visit [www.emory.edu/EmoryForum](http://www.emory.edu/EmoryForum). The Emory Forum is open to all Emory University faculty and staff. Allies welcome!

**WELL-BEING CHECK-INS**

We've noticed people are in crisis mode and can't seem to recover. We've created an event specifically to get people to learn about the techniques of Emory's community. Check-ins and workshops are designed to support you in taking care of your mental health. Join us to learn helpful strategies to stop feeling anxious and overwhelmed and start feeling better. RSVP to [eps@emory.edu](mailto:eps@emory.edu).

**WOMEN IN LEADERSHIP: DRIVING TRANSFORMATION**

Join us on Wednesday, April 11, 2023, to explore how women are driving transformation in leadership. This event will feature panel discussions and interactive workshops with Emory leaders and experts in the field. Learn more at [www.emory.edu/WomenInLeadership](http://www.emory.edu/WomenInLeadership).

**UNIVERSITY OF THE THIRD AGE (U3A)**

Join the Emory Pride Employee Network on Thursday, March 24 from 4:00-5:30 pm for a social gathering and discussion on how to get the most out of retirement and what activities to consider. This event is open to all Emory employees. Register here.

**FUTURE READY EMPLOYEE NETWORK MIXER**

Join us on Wednesday, March 23 from noon-1 pm to learn about the Future Ready Employee Network (FREN) and its goals to prepare employees for the future of work. This event is open to all Emory employees. Register here.

**PEOPLE FIRST ASSOCIATION (PFA)**

The People First Association is a membership-based organization that supports people with intellectual and developmental disabilities. Join us for a free orientation and learn about the resources and services they offer. Register here.

**ANNUAL STAFF FESTIVAL**

Staff Fest is back on the Quad for a day of fun, games, and social gathering. We invite you to join us for a day of fun and games that will include activities such as a run/walk, volleyball tournament, free food (vegan options too!), games, and a DJ. The festival will be held on Friday, May 13, 2022, 10:30 am - 1:30 pm. Don’t miss this time-honored tradition! Mark your calendars now and plan to attend Staff Fest, back on the Quad on May 13, 2022.

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