As the asymptomatic screening program ends, campus members can access new community testing on the Oxford campus. Last day to screen on the Oxford campus is Monday, December 25.

Upcoming Faculty Staff Assistance Programs

- **Mindfulness Practice**
  Formulate your 2023 mental health goals
  Tuesday, December 13 at 3:00 PM
  Where: Room 575, Emory University School of Law, Gambrell Hall, 1301 Clifton Road NE, Atlanta, GA 30322-2770
  Event Time: 10 AM – 3 PM
  Date: 1/10/2023 (Tuesday)
  To join this webinar, please register in advance.

- **Becoming a Resilient Parent**
  Where: W525, Goizueta Business School, 1300 Clifton Rd, Atlanta, GA 30322
  When: Tuesday, January 3, 2023
  To register, visit the webpage.

- **The FSAP Refresh**
  Wednesday, Dec. 21, 4:30-4:45 pm
  Mindfulness Practice: Develop strategies to help build your resilience. Facilitated by Emory Vendor Bright Horizons.
  Where: W525, Goizueta Business School, 1300 Clifton Rd, Atlanta, GA 30322
  Event Time: 10 AM – 3 PM
  Date: 1/10/2023 (Tuesday)

**Your FSAP**

- **Prevention Strategies to Help You Manage Type 2 Diabetes**
  The Diabetes Prevention Program is a year-long evidence-based lifestyle change program developed by the Centers for Disease Control and Prevention.
  Preven: Prevent or delay type 2 diabetes. Our Spring 2023 cohort is starting soon!
  Where: Blomeyer Health Fitness Center, 1300 Clifton Rd, Atlanta, GA 30322
  When: Monday, December 19 and December 26, 12:00 noon – 1:30 PM
  Register now.

- **Health Expo Coming in January 2023**
  On January 10th, we will host our annual Health Expo on the Clifton campus. This will be a great opportunity to connect and learn about the many health-promoting offerings, resources, and services available at Emory. The Health Expo will include educational presentations, group exercise demos, preventative screenings, wellness exhibitors, and other activities centered around your health and well-being.
  Where: Room 575, Emory University School of Law, Gambrell Hall, 1301 Clifton Road NE, Atlanta, GA 30322-2770
  Event Time: 10 AM – 3 PM
  Date: 1/10/2023 (Tuesday)

**YOUR WORKLIFE**

Upcoming Emory Workplace Health Expos

- **Upcoming Faculty Staff Assistance Programs**
  Faculty and staff are invited to join us for upcoming workshops that will help to disrupt the holiday season and improve daily well-being.

- **Connect and Chat**
  Your 2022 emotional wellness journey in review—how does this year's journey inform the future?
  Tuesday, December 13 at 3:00 PM
  Where: W525, Goizueta Business School, 1300 Clifton Rd, Atlanta, GA 30322
  Event Time: 10 AM – 3 PM
  Date: 1/10/2023 (Tuesday)

- **Register in Advance**
  To register, visit the webpage.

**YOUR EMORY**

- **FSAP Refresh: Wednesday, Dec. 21, 4:30-4:45 pm**
  Mindfulness Practice: Develop strategies to help build your resilience. Facilitated by Emory Vendor Bright Horizons.
  Where: W525, Goizueta Business School, 1300 Clifton Rd, Atlanta, GA 30322
  Event Time: 10 AM – 3 PM
  Date: 1/10/2023 (Tuesday)

**ADDITIONAL LINKS AND RESOURCES**

- **Emory Savings Marketplace**
  Visit the webpage for additional information
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  - View Previous NYCU Issues
  - SUBMIT A STORY TO NEWS AROUND CAMPUS
  - Visit the Emory Savings Marketplace for your holiday savings:
  - https://emory.savings.workingadvantage.com

**Upcoming Faculty Staff Assistance Programs**

- **Health Expo Coming in January 2023**
  The next issue of News You Can Use will run on Tuesday, January 3, 2023.