

Learn Love



Living with Grief: Holding On and Letting Go

April 16, 2015

12:00-1:30 PM

Emory University

School of Nursing, Room 201

Facilitator: Lesley Brogan

Throughout our lives, we live in and through times of grief. Times of loss come our way in expected and unexpected ways. When caregiving for adult loved ones, we experience loss through changes in their physical and/or emotional health, changes in our own routines, death, and other challenges we face as caregivers. Using every day experiences, the facilitator, Lesley Brogan (Embracing Hospice), will lead a conversation about healthy holding on and letting go.

Register at

<https://apps.hr.emory.edu/register>

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Caregiver Support
PROGRAM