



Emory Center for Rehabilitation Medicine  
1441 Clifton Road, NE  
Atlanta, Georgia 30322



# The Caregiver Connection:

*Practical Resources for Caregiving*

**Friday, May 18, 2012**  
**8:30 a.m. to 3:30 p.m.**

**Emory Center for Rehabilitation Medicine**  
1441 Clifton Road, NE  
Room 101  
Atlanta, Georgia 30322

[www.emoryhealthcare.org/rehabilitation-medicine](http://www.emoryhealthcare.org/rehabilitation-medicine)





*The Caregiver Connection* is designed for people interested in learning about practical tips and resources for caregiving in the home environment. Workshop topics will include communication, activities of daily living, mobility, coping strategies and nutrition, among others. The full-day conference will provide an opportunity to learn how to effectively care for loved ones from Emory experts.

## Agenda and Topics

|                   |  |
|-------------------|--|
| <b>8:30 a.m.</b>  | Registration and Light Breakfast                     |
| <b>9 a.m.</b>     | Welcome and Overview                                 |
| <b>9:10 a.m.</b>  | Caregiver's Perspective                              |
| <b>9:40 a.m.</b>  | Coping Strategies                                    |
| <b>10:10 a.m.</b> | Break  |
| <b>10:20 a.m.</b> | Leisure Activities and Community Re-integration      |
| <b>11 a.m.</b>    | The Empowered Caregiver                              |
| <b>Noon</b>       | Lunch (provided) and Presentation of Resource Tables |

**1 - 3:30 p.m.** Concurrent Sessions  
(Choose three to attend)

- #1** Assisting with Basic Mobility and Car Transfers
- #2** Tools for Managing Activities of Daily Living
- #3** Nutrition for Healing
- #4** Family Dynamics
- #5** Managing Medications
- #6** Memory Matters

**3:30 p.m.** Turn in Evaluations

---

### Registration

The conference is \$25 for all participants and includes lunch and valet parking. Space is limited to 40 participants to allow for maximum involvement with hands-on training.

To register, visit [www.emoryhealthcare.org/rehabilitation-medicine](http://www.emoryhealthcare.org/rehabilitation-medicine) or call Emory HealthConnection<sup>SM</sup> at **404-778-7777**.

All registration fees must be paid prior to attending the conference either by credit card or by sending a check made payable to Emory Center for Rehabilitation Medicine to:

Emory Center for Rehabilitation Medicine  
Attn: Debra Knippa  
1441 Clifton Road, NE  
Room 106  
Atlanta, Georgia 30322