**NOVEMBER 2012 UPDATE**

**Get Your Flu Shot this Fall!**
Emory’s faculty and staff have several options for getting a flu shot this year.

**Incentives**
As part of Emory’s ongoing commitment to support the health and well-being of our faculty and staff, “Incentives” will be offered in 2013. By participating in these voluntary incentives, faculty and staff can lower their overall out-of-pocket medical costs either as a contribution to their health savings account for HSA Plan members, or as a credit against their deductible for POS Plan members. To make it easy for employees to participate, onsite health (biometric) screenings will take place at over 50 locations across campus beginning in mid-January. These screenings will provide employees with the opportunity to “know their numbers” (blood pressure, cholesterol, glucose and height and weight). More details about the onsite screenings will be coming in the near future. Because this is a new initiative and we want strong participation campus-wide, we will launch a communications campaign beginning in December. As our campaign moves along, please help us support this important new initiative and by communicating the importance of the screenings to your faculty and staff. Promotional materials will be distributed at the next HR Rep Meeting. Learn more.

**FSAP Life Cycles Workshop: Caring for the Caregiver**
FSAP is offering a workshop that will offer opportunities for sharing and addressing the unique challenges many caregivers face and will provide practical strategies for self-care.

**Intimate Partner Violence Working Group**
The Intimate Partner Violence Working Group (IPVWG) includes representatives from Emory University and Emory Healthcare who are concerned about the impact of this serious problem on our campus and the greater community.

**Emory Recognized As Fit Friendly by American Heart Association**
Emory has been recognized by the American Heart Association as a PLATINUM Start! Fit Friendly Company. This is Emory’s fourth year being recognized as a Fit Friendly winner.

**All About Health, November/December 2012**
The November/December 2012 issue of All About Health, published by Emory’s Faculty Staff Assistance Program, features articles of various types of giving for the holidays.