JANUARY 2015 UPDATE

Take Aetna’s Health Risk Assessment and Earn $25

Benefits eligible employees can earn a $25 gift card by taking Aetna’s Online Health Assessment. It only takes about 15 minutes and provides a quick snapshot of your overall health as well as some ideas for improvement.

- Take the health assessment by logging in at www.aetna.com
- View a step-by-step demo

The health assessment is the gateway to all the other medical plan incentives you can earn in 2015. Once completed, you’ll be eligible for other incentives. Spouses/SSDPs covered on your medical plan can also participate. Learn more at www.hr.emory.edu/incentives.

Nominations Now Open for 2015 Award of Distinction
Nominations are currently being accepted for Emory University's Award of Distinction Program. Each year, the program recognizes approximately 10-15 university staff employees who have made outstanding contributions to the Emory Community through their initiative, innovation and leadership. The deadline is Friday, February 6, 2015. Learn more.

Enhanced Enforcement of Tobacco-free Campus Policy Begins Spring 2015
Emory officially became a tobacco-free campus on January 1, 2012, prohibiting smoking and tobacco use on Emory University and Emory Healthcare properties. As a result, tobacco use has significantly declined across our campus. However, Emory, like many other universities and colleges that have adopted similar policies, continues to struggle with compliance issues. Campus Life, Campus Services, and Human Resources are teaming up to substantially strengthen deterrence and enforcement measures, beginning with the 2015 spring semester. Read more.

HR Policy Changes
The Human Resources Department recently revised several Emory HR policies. To view the changes, click here.

Performance Management Class for Supervisors
Learning and Organizational Development is offering an in-person training session on performance management for supervisors. Any supervisor new to Emory or who did not participate in last year’s performance review cycle in a supervisory role should take this course. Two in-person sessions are offered: Performance Management: New Competencies, New Perspectives, February 20 (9:00 am – 12:00 pm) OR March 19 (1:30 pm – 4:30 pm). Location: 1599 Clifton Rd., Room 1.432. This course is also
available online if you cannot attend one of the in-person sessions. Register through ELMS (browse catalog for “Performance Management.”)

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**Upcoming Support Groups for Grief and Loss and Anger/Conflict Management**
The Faculty Staff Assistance Program announces two new support groups:

- **Grief & Loss Support Group** - will meet Thursdays, March 5 – April 9, 2015 (6 sessions), from 4:00 pm - 5:30 pm at the FSAP Main Office - Conference Room, 1762 Clifton Rd, Suite 1100. To register, prospective participants must contact FSAP at 404-727-4328 no later than February 25 to schedule a pre-screening appointment. View flyer.

- **Anger/Conflict Management Skills Group** - will meet Tuesdays, March 10 – April 28, 2015 (8 sessions), from 12:00 pm – 1:00 pm at the FSAP Main Office - Conference Room, 1762 Clifton Rd, Suite 1100. To register prospective participants must contact FSAP at 404-727-4328 no later than March 2 to schedule a pre-screening appointment. View flyer.

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**Emory's Annual Camp & Learning Expo is February 12**
The Emory WorkLife Resource Center announces the Annual Camp & Learning Expo will take place on Thursday, February 12, 2015. Get a head start on your summer planning and learn about summer camp and learning programs for children throughout the greater Atlanta area. 10:00 am – 2:00 pm, Woodruff PE Center, 4th Floor Auxiliary Court.

- Learn more
- Register to attend

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**Healthy Snacking at Work**
Need some tips on how to eat healthier while at work? Dawn McMillian from the FSAP provides some tips on healthy snacking at work in this brief video. Watch.

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**Emory’s Pre-College Program Accepting Applications for Summer 2015**
The Emory Pre-College Program is a summer academic program for high school students. It gives college-bound rising juniors and rising seniors an exciting glimpse of academic and residential life at a top-ranked national university. High school students may explore topics with professors who are the leading experts in their fields, enroll in classes with college students, and earn transferable college credit. Two-week non-credit courses, three-week non-credit institutes and six-week credit courses are available. Emory Pre-College students live together in a dorm on campus or within commuting distance with their families and participate in a variety of programs, activities, and excursions designed to prepare them for college life. Dependents of employees may be eligible for the courtesy scholarship for credit courses. Check with your benefits specialist. Learn more at www.precollege.emory.edu.