# Designing Your Long Term Care Plan <br> And Calculating the Premium 

I. How long do you want care to last? Choose one.
$\qquad$ 3 Years / Go to Sheet A (under Long-Term care rates)
$\qquad$ 6 Years / Go to Sheet B (under Long-Term care rates)
$\qquad$ Unlimited* / Go to Sheet C (under Long-Term care rates)
II. Locate your age on the rate sheet selected.

Enter below the cost for Plan 1 and Plan 2.

$$
\operatorname{Plan} 1=\$
$$

$$
\operatorname{Plan} 2=\$
$$

$\qquad$
Plan 1 does not have an inflation factor. If you sign up for a $\$ 4,000$ per month factility benefit, then the benefit will be $\$ 4,000$ even twenty years from now.

Plan 2 has an inflation factor. Each year the benefit amount will increase by $5 \%$, while your monthly premiums stay the same. After one year with the inflation factor, your monthly benefit would be paid at $\$ 4,200.00$.

Select your preferred plan. Do you want a plan with an inflation option?
$\qquad$ If NO, enter the age related cost under Plan 1 on the line below at a.
$\qquad$ If YES, enter the age related cost under Plan 2 on the line below at a.
III. How much money do you want for a monthly benefit? Choose one.


Enter the monthly benefit amount on line (b) below.
In the calculation below multiply your age rate by the monthly benefit amount divide by the $\$ 1000$. This is your monthly premium (c). If you are paid bi-weekly, divide the monthly premium by $\mathbf{2}$ for your bi-weekly deduction amount.

## Calculate your premium:

(a) $\qquad$ (b) $\qquad$ $\div \$ 1,000=$
(c)

