Register Now!
8-week Freedom From Smoking Class

This American Lung Association program is an 8-week session designed to avoid the usual pitfalls associated with quitting smoking. The Freedom From Smoking behavior modification format provides strategies for tracking personal habits, developing coping strategies, and practicing in a supportive environment with others who are experiencing the same feelings and challenges.

March 24 – May 12, 2011
Every Thursday from 4:00 – 5:30 PM
Emory University Hospital Midtown
550 Peachtree Street NE
Orr Building, 3rd Floor

Enrollment is $50.00
Open to all Emory faculty, staff, students, patients, friends and family

Attention faculty & staff: Emory supports your decision to quit by offering reimbursement for programs to those who qualify. Call to find out more!