

# EMORY UNIVERSITY MEDICAL RELEASE TO RETURN TO WORK FORM

(To be completed by the employee's healthcare provider)

An employee returning from an FMLA or medical leave of absence **must** provide this or a similar physician's version of a return-to-work form **BEFORE** returning to work. The release must be provided to HR Employee Relations before the return day. An employee **may not** return to work without appropriate documentation.

**FAX COMPLETED FORM TO:  
(404)-712-5205**

\_\_\_\_\_ (Print Employee Name) can return to work and perform the essential duties of his/her job.

**With no restrictions** effective \_\_\_\_\_ (date).

If employee can return to work, but with physical limitations, indicate the restrictions below:

**Return to limited duty** effective \_\_\_\_\_ (date).

No lifting greater than \_\_\_\_\_ lbs.

No pushing/pulling greater than \_\_\_\_\_ lbs.

No prolonged sitting/standing/walking for more than \_\_\_\_\_ minutes per hour.

No prolonged/repeated bending/twisting at the waist \_\_\_\_\_ times per hour.

No prolonged/repeated kneeling/squatting \_\_\_\_\_ times per hour.

Indicate any restrictions on the employee's schedule OR duration of restrictions above.

Employee limited to working: \_\_\_\_\_ hours/day \_\_\_\_\_ days per week

These restrictions are in place for: \_\_\_\_\_ day(s) \_\_\_\_\_ month(s)

List Specific restrictions/comments if full-duty or full-time hours are not permitted:

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Restrictions needed through: \_\_\_\_\_ (Specific Date) Next Appt. Date: \_\_\_\_\_

Estimated full duty return to work date: \_\_\_\_\_

**[HEALTHCARE PROVIDER INFORMATION ON NEXT PAGE]**

**HEALTHCARE PROVIDER INFORMATION**

\_\_\_\_\_  
Signature of Healthcare Provider

DATE: \_\_\_\_\_

\_\_\_\_\_  
Printed Name of Healthcare Provider

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_